

15 Questions to Jump Start your Bucket List Teenager Edition

To help you with writing your bucket list, you can ask yourself questions. Grab a notebook and a pen, your favorite drink and start writing down all the things you want to do. **Start with answering the following 15 questions:**

1. Are there certain places you want to visit and why?
2. Which extraordinary vehicle would you like to be on?
3. What healthy choice (or unhealthy for a day) would you like to make?
4. What kind of vacation would you like to experience?
5. Is there a sport or game you want to learn?
6. Are you afraid of something? And what can you do to get rid of that fear?
7. Is there someone from your past, a teacher or friend you would like to talk to again?
8. What special skill would you like to learn?
9. What is the one thing you would like to do with your best friend?
10. What would you like to do for someone else to make a difference in someone's life?
11. What childhood thing would you like to do again, now that you are a teenager?
12. What "miracle" from mother nature would you like to experience?
13. What skill do you want to master? Or what class would you like to follow?
14. Do you play an instrument? Would you like to learn how to play one?
15. Where would you like to live?

Need some inspiration? My teen and I have gone through the questions and came up with these answers....

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Some answers to these questions could be:

1. Africa to go on a safari
2. Fly in a hot air balloon
3. Have a chocolate day
4. A fancy cruise ship vacation
5. Handling the bow and arrow
6. Getting rid of the fear of heights by going indoor skydiving or bungee jumping
7. Talk to my kindergarten teacher
8. Learning sign language
9. Make up a super long hand-shake together
10. Leave an encouraging note in a library book
11. Sleep in a blanket fort
12. See the Northern Lights or the Dead Sea
13. Learn to juggle or outdoor climbing
14. Learn to play the ukulele
15. Maybe a specific country or in the city or on a house-boat...

Just have fun with it. Some things my teenager has on her bucket list are:
hug a sloth / write a letter to my future self / visit all the continents / swim with turtles / complete a 5000 piece puzzle....

If you want more info on how to make a bucket list, check out this blog post:
<https://tailoringthegoodlife.com/why-a-bucket-list-and-how>

Greetings,

Nicole